



Starport News

JSC Family Picnic—April 19, 2009

The JSC Family Picnic is scheduled for April 19 at Splashtown Waterpark. Ticket includes exclusive admission to the park from 11AM—6PM, all you can eat and drink from 12PM—3PM, fun games (volleyball, basketball, bingo, and more), and a free return ticket to visit the park any operating day in the 2009 season. Ages 3+ needs a ticket.

Tickets are \$26 for the first 2000 then \$33. Tickets are sold at the Starport Gift Shops and will be sold at the Gilruth Center Friday, April 10 from 10AM—4PM in room 1002.

NASA 40 Years Employee Shirts



Starport is proud to announce the next agency-wide employee shirt program. As we celebrate the 40th Anniversary of Apollo 11's historic

walk on the moon, we are offering all NASA Team Members an exclusive shirt for only \$7 (Youth Medium—Adult XL) or \$8 (Adult 2X-4X). Shirts will be sold April 15—May 15 on our exclusive website www.apollo40years.com and will be available for pick up mid-June at several locations. If your most convenient location is not available, choose Starport and you can pick up at the Gilruth Center.

April 2009



Celebrate Earth Day

Upcoming Events

AT&T Fair
April 8 Building 3 Cafe

TUTS Season Tickets
On sale thru April 10

Admin Professional's Day
April 22

Book Fair
April 27-May 1

Meet Our Staff—Terence Davis, Starport Fitness



The Fitness and Recreation Manager supervises and coordinates the day to day activities and operations of the Fitness department ensuring that we deliver a high quality experience to all members. This also includes coordinating the planning, organization, implementation, promotion, and evaluation of the recreation programs and league sports offered at the Gilruth Center, leisure services and the rental of Gilruth Fields and Gymnasium.

Terence came to us 3 years ago with a Business Communications degree and 10 years of professional football experience—4 years in NFL with the Kansas City Chiefs and Miami Dolphins and 6 years in Arena Football as well as 1 1/2 years in NFL-Europe.

In addition to his many duties with Starport, Terence trains local college and high school athletes. He also finds time to fish, watch movies, and loves to spend time with family and friends.

Terence's words to live by are from a former coach and mentor, "If you tolerate it, you encourage it!" He applies this to every aspect of his life - "if you settle for average, that is all the motivation you have...I am always trying to be better and improve."

Terence's recognizes many challenges in the Fitness industry. Other countries are so far ahead of the fitness curve, we are going to have to take a different approach on how we view fitness here. European trends have exceed what we do here in productivity. We brought Les Mills from New Zealand to expand our programs and structure of what we do here. Terence is currently teaching a circuit class to show the workforce how they can achieve a great work out in just 30 minutes and is giving tips on how to work out outside of the weight room. He is available to teach seminars at any Starport Partner facility. Please contact him at 281-483-2714.



<http://starport.jsc.nasa.gov/>